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Jeżeli chcemy, aby te informacje w innym języku, proszę zadzwonić 01932 723553

## **Ashford Hospital**

**London Road** Ashford, Middlesex **TW15 3AA** 

Tel: 01784 884488

# St. Peter's Hospital

**Guildford Road** Chertsey, Surrey KT16 0PZ.

Tel: 01932 872000

Website: www.ashfordstpeters.nhs.uk



# **Further Information**

We endeavour to provide an excellent service at all times, but should you have any concerns please, in the first instance, raise these with the Matron, Senior Nurse or Manager on duty. If they cannot resolve your concern, please contact our Patient Advice and Liaison Service (PALS) on 01932 723553 or email <a href="mailto:pals@asph.nhs.uk">pals@asph.nhs.uk</a>. If you still remain concerned please contact our Complaints Manager on 01932 722612 or email <a href="mailto:complaints@asph.nhs.uk">complaints@asph.nhs.uk</a>.

Author: R Allen Department: Oral and Maxillofacial Surgery

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## **FURTHER INFORMATION**

If you have any problems after your biopsy that cannot be dealt with as above then please contact the department on:

- **01932 722493** (St. Peter's Hospital)
- **01784 884009** (Ashford Hospital)

After 17.00 hours or at weekends phone main switchboard at St. Peter's (01932 872000) and ask for the oral and maxillofacial doctor on call.

Additional information relating to Removal of wisdom Teeth can be obtained by logging on to <a href="http://www.baoms.org.uk/sitemap.asp?id=20">http://www.baoms.org.uk/sitemap.asp?id=20</a>

### **Useful web links:**

National Institute of Dental and Craniofacial Research Patient.co.uk

# Mouth (Oral) Biopsy under Local Anaesthetics

#### WHAT IS A BIOPSY?

A biopsy is a procedure where a small piece of tissue is removed from a specific area so that it can be looked at closely under a microscope.

# There are two types of biopsy:

An excision biopsy – Where the biopsy aims to remove an area completely. This is usually only appropriate for small lumps or swellings.

An incision biopsy - Occasionally only a small piece of an abnormal area is removed to confirm a diagnosis.

## **HOW IS THIS DONE?**

A local anaesthetic injection, which takes a couple of minutes to work, is used to numb the area. Following this injection the procedure should be painless. A biopsy usually leaves a small hole that often requires stitching. In the majority of cases the stitches used are dissolvable and take around two weeks to disappear.

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In total, this procedure usually takes around 15 minutes from start to finish.

#### IS THERE ANY RISK INVOLVED?

There may be some soreness or some mild bleeding. Very occasionally there can be some numbness in the area where the tissue is taken which persists after the procedure.

## IS THERE MUCH SORENESS AFTERWARDS?

When the anaesthetic wears off, there will be some pain and discomfort. Simple painkillers will usually be effective and you will be advised which are the best to take. Any discomfort usually only lasts a few days.

## WILL THERE BE MUCH BLEEDING?

Although there may be a little bleeding at the time of the biopsy this usually stops very quickly and is unlikely to be a problem if the wound is stitched.

Should the biopsy site bleed again once you get home, apply pressure over the area, with a rolled up handkerchief or swab (if you have been given one), for at least 10 minutes. This should stop the bleeding but if it does continue please contact the department.

## WHEN CAN I RETURN TO WORK?

This largely depends on your job and how you feel after the procedure. Most people are able to return to work later the same day.

#### WILL I NEED ANOTHER APPOINTMENT?

Since the stitches are dissolvable, a follow-up is not always necessary but you will usually be asked to attend an appointment for the results of the biopsy to be discussed with you. A care advice leaflet will be given to you after the biopsy.

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